



Kearns Public School
Weekly Message Board
Term 2 – Week 6 - 2023



RULE OF THE WEEK:
BE RESPECTFUL
USE KIND WORDS



Monday
29/05/2023

- Canteen open – lunch service only
- Assembly – 2:00pm – 3/4T Class Item
- AFL Program #1 – 4-week program



Tuesday
30/5/2023



- Canteen open – lunch service only
- **'Wear it Yellow Day' for children's ground GOLD COIN DONATION**
Our donations will help change the future for First Nations children enabling communities to become places of safety, hope and opportunity. Children's Ground work with each child in every community to develop personal learning, health, development plans.



Wednesday
31/05/2023

- Canteen open – lunch service only

Thursday
1/06/2023

- Canteen open – lunch service only
- **Snail Trail – coins at the ready? Longest trail wins!**



Friday
2/06/2023

- Canteen open – lunch service only
- **Sports Day**
- **Gala Day – Netball & Soccer**



Polite Reminder: Please return your child's **consent to use third-party software** form as soon as possible.

TERM 2

- Week 7 – Monday 5 June – AFL Clinic #2
- Week 7 – Thursday 8 June – Athletics Carnival Whole School Event
- Week 8 – Monday 12 June – Public Holiday – King's Birthday
- Week 9 – Thursday 22 June – Responsible Pet Ownership Incursion – Years K-2
- Week 9 – Friday 23 June – Gala Day #2 – Winter - Netball and Soccer
- Week 9- Friday 23 June – K-2 Excursion – CPAHS Performance

TERM 3

- Week 5 – Friday 18 August – National Day of Action against Bullying and Violence
- Week 6 – Friday 25 August – Gala Day #3 - Winter - Netball and Soccer
- Week 8 - Friday 8 September – Colour Run





ROAD SAFETY INFORMATION

YOU ARE RESPONSIBLE FOR YOUR CHILDREN'S SAFETY WHEN THEY ARE TRAVELLING TO AND FROM SCHOOL.

Drive and park safely near schools

The beginning and end of the school day are busy times for pedestrians and drivers outside schools.

You can help keep children safe by remembering the following:

- drop off and pick up children on the school side of the road
- never call out to children from across the road – it is very dangerous
- always take extra care when driving in 40km school zones
- follow all parking signs – these help keep children as safe as possible
- park responsibly even if this means you have to walk further to the school gate
- never double park – it is illegal and puts children at risk
- never do a U-turn or three-point turn outside the school as it puts children at risk of harm
- model safe and considerate pedestrian and driver behaviours to your children.

For further support

Go to the department's Road Safety Education program at education.nsw.gov.au/road-safety-education or visit education.nsw.gov.au and search for road safety education.

When travelling in a car ensure your children:

- use a booster seat if they are aged between 4 and 7 years old – it's the law
- are correctly buckled up in their seatbelts
- always get in and out of the car through the 'safety door' – the rear door on the footpath side of the car
- are never left alone in the car.



Up to 6 months
Approved rear-facing child car seat



6 months to 4 years
Approved rear- or forward-facing child car seat



4+ years
Approved forward-facing child car seat or booster seat



145cm or taller
Suggested minimum height to use adult lap-sash seatbelt



What is bullying?

Bullying has three key features. It:

- involves a misuse of power in a relationship
- is ongoing and repeated, and
- involves behaviours that can cause harm.

Bullying can also occur online.

This is known as cyberbullying, which is using technology such as the internet or mobile devices to bully someone. It can include sending abusive texts and emails, posting hurtful messages and putting inappropriate comments on pictures of others.

Bullying of any kind is not acceptable in NSW schools, whatever the reason. Schools are committed to working with parents, staff and students to prevent bullying and respond quickly and effectively if it does occur.

What can you do if your child has been bullied?

Listen calmly and get the full story

Your child needs to know that they are being heard. Their feelings matter and their concerns should be taken seriously. Encourage your child to talk about what happened. Explain to your child that reporting the bullying is okay.

After listening to their concerns, ask questions to get more details if needed: who, what, where, when.

Reassure your child that they are not to blame

Children may blame themselves and this can make them feel even worse. Say supportive things like, 'That sounds really hard to deal with', or 'I'm so glad you told me. You should feel safe at school'.

Ask your child what they want to do – and what they want you to do

It is important to help your child to find their own solution as this will help them feel that they have some control over the situation.

If your child is not in any immediate danger and they feel confident, they could try these strategies:

- Ignore the bullying.
- Turn their back and walk away.
- Act unimpressed or pretend they don't care.
- Say "No" or "Just stop!" firmly.

If the bullying happened at school, support your child to tell a teacher. If your child wants to talk to someone other than the school or you think added support would help, you could tell them to go to the Kids Helpline website. They can also call for free on 1800 55 1800.

When do I contact the school?

Your child may be reluctant for you to speak to school staff. Discuss the idea and reassure them that the school would want to know and is able to help.

If needed, make an appointment to meet with your child's teacher. You could also ask to talk with the principal.

Contact the school immediately if you have a concern about your child's safety.

Support for parents and carers

Kids Helpline also has a parent line with trained teams who provide support, information and counselling for parents of children aged 0-18 years. You can call them for the cost of a local call from 9am to 9pm Monday to Friday and 4pm to 9pm on weekends on 1300 1300 52.

Telephone interpreter service

If you would like to contact the school or Parent Line NSW and need assistance with English please call the telephone interpreter service on 131 450, tell them what language you need and ask the operator to make the call. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.